

Week 1 W/C: 17 Apr / 8 May / 5 June / 26 Jul / 17 Aug

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Ham Macaroni	Pork Sausage in a Roll	Roast Chicken Breast	Meat Feast Pizza	Battered Fish
Veggie	Cheese Macaroni	Quorn Sausage in a Roll	Savoury Cheese Muffin	Margherita Pizza	Veggie Nuggets
Sides	Homemade Garlic Bread, Mixed Veg or Salad Bar	Sweetcorn Bites, Homemade Coleslaw	Roast Potatoes, Broccoli, Baby Carrots, Veggie Gravy	Jacket Wedges & Sweetcorn	Chips, Beans & Peas
Jacket/Roll	Jacket Potato with Cheese, Ham, Tuna Mayo or Beans Roll with Cheese, Tuna or Ham	Jacket Potato with Cheese, Ham, Tuna Mayo or Beans Roll with Cheese, Tuna or Ham	Jacket Potato with Cheese, Ham, Tuna Mayo or Beans Roll with Cheese, Tuna or Ham	Jacket Potato with Cheese, Ham, Tuna Mayo or Beans Roll with Cheese, Tuna or Ham	Jacket Potato with Cheese, Ham, Tuna Mayo or Beans Roll with Cheese, Tuna or Ham
Dessert	Apple Flapjack, Fruit or Yoghurt	Strawberry Jam & Cream Muffin, Fruit or Yoghurt	Vanilla Shortbread & Vanilla Ice Cream, Fruit or Yoghurt	Toffee & Banana Muffin, Fruit or Yoghurt	Chocolate Biscuit & Sultana Slice, Fruit or Yoghurt

Week 2 W/C: 24 Apr / 15 May / 12 Jun / 3 Jul

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Beef Burger in a Bun	Chicken & Bacon Pasta Bake	Pork Sausage Toad in the Hole & Gravy	BBQ Chicken Pizza	Fish Fingers
Veggie	Vegan Burger in a Bun	Cheese & Tomato Pasta Bake	Quorn Sausage Toad in the Hole & Veggie Gravy	Margherita Pizza	Veggie Frittata
Sides	Roasted New Potatoes, Mixed Veg or Salad Bar	Homemade Garlic Bread, Broccoli or Salad Bar	Roasted Potatoes, Baby Carrots, Green Beans or Salad Bar	Jacket Wedges, Sweetcorn or Salad Bar	Chips, Peas or Beans
Jacket	Jacket Potato with Cheese, Ham, Tuna Mayo or Beans Roll with Cheese, Tuna or Ham	Jacket Potato with Cheese, Ham, Tuna Mayo or Beans Roll with Cheese, Tuna or Ham	Jacket Potato with Cheese, Ham, Tuna Mayo or Beans Roll with Cheese, Tuna or Ham	Jacket Potato with Cheese, Ham, Tuna Mayo or Beans Roll with Cheese, Tuna or Ham	Jacket Potato with Cheese, Ham, Tuna Mayo or Beans Roll with Cheese, Tuna or Ham
Dessert	Chocolate Ice Cream with Custard Biscuit, Fruit or Yoghurt	Carrot Cake with Cream Cheese Frosting, Fruit or Yoghurt	Vanilla Cheesecake with Homemade Berry Compot, Fruit or Yoghurt	Strawberry Jelly & Fruit Cocktail, Fruit or Yoghurt	Chocolate & Apricot Brownie, Fruit or Yoghurt

Week 3 W/C: 1 May / 22 May / 19 Jun / 10 Jul

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Meatballs with Homemade Sauce & Pasta	All Day Breakfast	Roast Gammon & Gravy	Cheese & Ham Pizza	Cod Fish Bites
Veggie	Vegan Meatballs with Homemade Sauce & Pasta	Veggie All Day Breakfast	Vegetarian Roast & Veggie Gravy	Margherita Pizza	Vegan Burger
Sides	Mixed Veg or Salad Bar	Baked Beans or Salad Bar	Roast Potatoes, Broccoli & Baby Carrots or Salad Bar	Jacket Wedges, Sweetcorn or Salad Bar	Chips, Peas or Beans
Jacket	Jacket Potato with Cheese, Ham, Tuna Mayo or Beans Roll with Cheese, Tuna or Ham	Jacket Potato with Cheese, Ham, Tuna Mayo or Beans Roll with Cheese, Tuna or Ham	Jacket Potato with Cheese, Ham, Tuna Mayo or Beans Roll with Cheese, Tuna or Ham	Jacket Potato with Cheese, Ham, Tuna Mayo or Beans Roll with Cheese, Tuna or Ham	Jacket Potato with Cheese, Ham, Tuna Mayo or Beans Roll with Cheese, Tuna or Ham
Dessert	Blackcurrant Yoghurt Topped Flapjack, Fruit or Yoghurt	Devon Honey Cake, Fruit or Yoghurt	Strawberry Ice Cream & Berry Compot, Fruit or Yoghurt	Apple Cake & Squirty Cream, Fruit or Yoghurt	Chocolate Dream Cookie, Fruit or Yoghurt

The Guide to Goodness

Many of our homemade desserts contain at least 50% fruit or hidden veg



The fish we serve is from well-managed and sustainable fisheries



Over 75% of our dishes are made fresh on site from fresh ingredients



All our pizza and pasta sauces are homemade and have hidden veg



Where possible we use ingredients sourced from local producers